

ALLERGY SKIN TESTING PREPARATION:

For accurate allergy skin test results, discontinue all anti-histamines (over-the-counter and prescription) prior to your appointment as instructed below.

Consult your doctor before stopping other medications, especially antidepressants/psychotropics. Contact your pharmacy or doctor if you have medication questions.



DO NOT STOP YOUR ASTHMA MEDICATIONS.

STOP these medications **7 DAYS BEFORE** your skin-testing **APPOINTMENT.**

Common Antihistamines

Actifed	Chlortrimeton	Limbitrolr	Singlet
Adapin	Chlorpheniramine	Loratadine	Sominex
Advil Allergy	Clarinet	Ludiomil	Sudafed Cold & Allergy
Advil PM	Claritin	Levocetirizine	Surmontil
Alavert	Clemastine	Marezine	Tacaryl
Allegra	Clomipramine	Meclizine	Tandur
Allerclear	Cogentin	Norpramin	Tavist
Allerfex	Comtrex	Nortriptyline	Temaril
Allerhist	Contac	Nyquil	Theraflu
Allertan	Coricidin	Pamelor	Tofranil
Allertec	Cyproheptadine	Pediacare	Trazodone
Amitriptyline	Desipramine	Pediatan	Triaminic
Anafranil	Dimetapp	Periactin	Triavil
Antivert	Diphenhydramine	Phenergan	Trimipramine
Asendin	Doxepin	Polyhistine	Trinalin
Atarax	Dramamine	Promethazine	Tylenol Allergy
Atrohist	Drixoral	Protriptyline	Tylenol Cold
Aventyl	Durahist	Pyribenzamine	Tylenol PM
BC Cold	Duratan	Remeron	Unisom
Benadryl	Dytan	Resperidone	Vicks
Bentyl	Elavil	Risperdal	Vivactil
Benzotropin	Etrafon	Robitussin Cough, Cold & Allergy	Walitin
Biohist	Excedrin PM	Rynatan	Walfex
Bonine	Fexofenadine	Ryneze	Walzyl
Brompheniramine	Hydroxyzine	Semprex	Xyzal
Carbinoxamine	Imipramine	Seroquel	Zonolon
Cetirizine	Ketotifen	Sinequan	Zyrtec

NOTE: This is a list of the most common antihistamines; it is not a complete list. STOP all OTC "Allergy," most cough/cold, and sleep medications before your appointment. Call 907-562-6228 with questions.

STOP these medications **2 DAYS BEFORE** your skin-testing **APPOINTMENT.**

GI Medications (For reflux & indigestion)

Axid	Famotidine	Pepcid	Tagamet
Cimetidine	Nizatidine	Ranitidine	Zantac

Antihistamine Nasal Sprays

Azelastine	Astepro	Patanase	Dymista
Astelin			